

# WELLBEING

*Your feel-good time*

# Summer massages for cooling down

## *Refreshing face massage*

Treat your skin to a gentle break with our classic facial massage – enhanced by the cooling effect of high-quality ice rollers. The pleasant cold has a decongestant effect, gently tightens the skin and promotes microcirculation – for a fresh, radiant complexion and a pleasant skin feeling. The revitalising Hydramemory face mist spray is used to support this. Ideal in warm weather – pure relaxation for the face and senses.

20 Min | 39.00 EUR

## *Cooling back massage*

Experience soothing refreshment in summer temperatures with our innovative massage, which is performed in a pleasantly air-conditioned room. Gentle massage strokes, ice rollers and cold compresses specifically stimulate the circulation without heating the head – for a feeling of palpable lightness. A glass of refreshing vitality water after the treatment ensures a harmonious conclusion to this revitalising treatment.

25 Min | 49.00 EUR



# Cold Stone Massage

Discover our summery interpretation of the popular hot stone massage: instead of heated stones, this soothing treatment uses pleasantly cooled basalt stones that are gently guided over the body. The cold revitalises the body and the cooling massage cream from Recovery Touch provides additional soothing freshness. Ideal for warm days – relaxing, regenerating and surprisingly different.

50 Min | 98.00 EUR



# Additional Information

## Cancellation

Please let us know in good time if you are unable to keep your appointment. You can cancel your appointment at any time up to 48 hours in advance free of charge. In the event of a later cancellation, however, we will have to charge 90% of the treatment price. If you have booked one of our arrangements, you can read the relevant cancellation conditions in our terms and conditions.

## Clothing

Freshly showered and dressed in comfortable clothes or a bathrobe and slippers, you are perfectly prepared for your visit to our Wellbeing Area.

During the treatments themselves, we will pamper you with pleasant covering techniques.

## By the way

In our Wellbeing Area, most guests are looking for peace and quiet. Mobile phones are welcome to stay outside. So you can relax and enjoy your time with us.